

# NIPPERS NEWSLETTER WEEK 3











The rain largely stayed away, but unfortunately the surf was wild! Great to see our Nippers practicing their flags races in time for Club Champs Round 1 this weekend.

Congratulations to our U14 SRC group who all passed the theory portion of their assessments last night. All the best for your practical assessments on Sunday!

We have a busy Sunday at Bronte coming up: Club Champs and the SRC practical assessment. With so much to fit in, Club Champs **will be starting early for all participants**. See timetable <u>here</u>. We have a lot of races to run – please allow at least 2 hours. Due to large swell forecast, we plan to run the 'sand only' program this Sunday. If the swell forecast improves and we are able to run the full program, we will broadcast via TeamApp on Friday night/Sat morning.

Normal nippers (and normal times) for U6 and U7. Club Champs replaces normal Nippers for U8-U14.

At this stage - no Club Champs for U14 due to SRC assessment - this group will do their Club Champs races prior to their presentations next Sunday 12 December.

**Club Champs set up and pack up:** We set up Club Champs as a formal carnival (70m sprint track, 2 flags areas and 2 water areas). Many hands make light work – we will be setting up from 6am. Please could anyone available pitch in.



# THIS WEEK'S REMINDERS

**BBQ – U12B this week:** this year, each Nipper group will be rostered on to assist with the BBQ for a full morning. BUT: each group will only be rostered on once for the whole season. BBQ roster is <u>here</u>.

**Age Assistants:** thank you to all the parents who have completed the theory portion of their Age Assistant qualification! For those who did the course online, please print and complete this 'SLSA Age Managers Competency' document by assisting at 2 Nippers sessions, arranging for your Age Manager to sign it off, and submitting it to the office for final signatures from the 'Age Manager Mentor' (3<sup>rd</sup> party) and submission to SLS Sydney Branch.

All Age Assistants who have done the above and who have submitted their WWCC number can exchange their paperwork for a yellow 'Age Assistants' cap to wear at Nippers.

**Water safety:** must sign in via the paper roll in their child's area to have hours recorded. If you assist in more than one area, you must sign-in each time.

**Nipper board training and sand training:** Nipper training is in full swing! Please see <a href="here">here</a> for full details and timetable.

**Upcoming Nipper carnivals:** please see the latest calendar <a href="here">here</a> (competitions listed on page 2) as well as our Competitor Guidelines for Nipper Carnival Participation <a href="here">here</a>.

Good luck to our Nippers competing at the Wanda carnival this weekend!

**Covid: PLEASE DO NOT ATTEND IF:** you or anyone in your household feels unwell, has tested positive to Covid-19, or has been in close contact with someone who has tested positive to Covid-19. This extends to any household where children or volunteers attend a school or workplace currently subject to stay-athome directions and who have been directed to self-isolate.

# CLUB CHAMPS THIS SUNDAY- U8-U13 from 7.50am- approximately 10am assuming sand only (earlier if full program). See timetable <a href="https://example.com/html/>here">here</a>

Sunday nippers is designed to be non-competitive, where kids learn and practice surf lifesaving skills as a group. The exception to this is Club Championships which are normally held on 2 mornings over the season for U8-U14. At Club Championships, the kids compete in a range of races (both in the water and on the sand) using the skills they have learned during Nipper sessions. All U8-U14 Nippers are encouraged to compete in these friendly races:

- Sand events for all are: beach sprint and flags.
- Water events are:
  - o U8: wade race
  - U9 and U10: swim race and board race
  - o U11-U14: swim race, board race and ironperson

Wetsuits are not permitted for Club Champs (except U8 wade).

The child with the most points over both rounds will become that age group's Club Champion at the end of the season.



We need plenty of help to run Club Champs! Please could all qualified officials assume they are needed as finish judges.

#### STATE CHAMPIONSHIPS 24-27 FEBRUARY 2022 FOR U9-U14 - SIGN-UP DUE NOW FOR UNIFORM ORDER

State champs will be held at Queenscliff SLSC in late February. Details will be released closer to the time. In the meantime we need to submit our uniform order **by next week**. Please ensure that you read this <a href="mailto:competition-policy">competition policy</a> and complete <a href="mailto:this form">this form</a> (once per Nipper) to let us know your intentions and to ensure a uniform is ordered for your Nipper/s.

Please remember that this is a championship (not a participation) Carnival so only strong competitors who are enrolled in regular training should enter. All families who attend **are required to** volunteer in some way (water safety, officials, IRB transport, tent transport, set up and pack up).

# **OFFICIALS NEEDED: U9-U14**

In order for our Nippers to be permitted to compete at carnivals, we need to provide a strict quota of Carnival Officials. Please assume that if your child trains and intends to compete, at least one parent needs to be qualified as an official (mandatory if neither parent is Water Safety). See all details <a href="here">here</a>. Carnivals are limited this season, so please plan your online course and practical assessment with that in mind.

#### **SUNDAY SIPS & SOCIAL ACTIVITIES**

The Club has a terrific range of social and training events for adult members:

- Sunday Sips is held upstairs at the Club every Sunday afternoon. Due to Covid, you'll need to book a table. Email: <a href="mailto:functions@brontesurfclub.com.au">functions@brontesurfclub.com.au</a> to arrange.
- Pilates with Harries at 6am on Tuesday mornings (\$20 card-only payment). Bring your own mat. Spots are limited so don't be late!
- Sunday Surf Race at 11am on Sundays with Barry Brignell. Handicapped swim race around the
  cans, and available to all proficient Bronze Medallion holders, SRC, and Competition Squad
  members (comp squad participants subject to the approval of Al Visch).
- Swim group with Garry Luscombe, Wednesdays 6am at Bondi (meet in front of North Bondi SLSC) and Thursdays 12.15pm at Bronte (meet in front of Club).
- Paddle groups (beginners and intermediate) for proficient Bronze Medallion holders (generally Tuesday mornings) - check the website and join the relevant Club WhatsApp groups for details.

# WE CAN'T WAIT TO SEE YOU ON SUNDAY!!

Nippers Committee: Ant Burrows, Jess Stewart, Al Visch, Tara O'Reilly, Amy Sharma, Kylie von Muenster, Steve Brown, Grant Lovett