

BRONTE

SURF LIFE SAVING CLUB • 1903

NIPPERS NEWSLETTER WEEK 5



While Bondi was flat on Sunday (in stark contrast to the Waverley Shield!), Bronte served up some waves. Happily the later groups were still able to get into the ocean. Plenty of kids had fun in the men's Bogey Hole and a lucky few practiced rescues with the IRB!

- Club champs this Sunday for U8-U14! (full details below): **Note - Club Champs starts early - a 7am start (U9-U14) and 9.30am for U8.**
- Normal nippers for U6 and U7.

CLUB CHAMPS ROUND 1 THIS SUNDAY, U8-U14, from 7am

****NOTE: 7am start for U9-U14; 9.30am start for U8.** [Club Champs timetables here](#)

Sunday nippers is designed to be non-competitive, where kids learn and practice surf lifesaving skills as a group. The exception to this is Club Championships which are normally held on 2 mornings over the season for U8-U14. At Club Championships, the kids compete in a range of races (both in the water and on the sand) using the skills they have learned during Nipper sessions. The child with the most points over both rounds will become that age group's Club Champion at the end of the season. All U8-U14 Nippers are encouraged to compete in these friendly races:

- Sand events for all are: beach sprint (70m) and flags
- Water events are:
 - U8: wade race
 - U9 and U10: swim race and board race
 - U11-U14: swim race, board race and ironperson

Carnival rules apply so wetsuits are not permitted for Club Champs (except U8 wade).

Volunteers required: We need plenty of help to run Club Champs! We set up Club Champs as a formal carnival (70m sprint track, 2 flags areas and 2 water areas) from 6am. Please could **anyone available pitch in**. All trainee and qualified officials: [please let us know here](#) how you can help.

Timing: a [full program timeable](#) and a [sand-only program timetable](#) if the swell is large. Any change to a sand-only program will be communicated via WhatsApp on the morning of Club Champs. Stay tuned.

Club Champs takes approximately 3 hours to run so we start Club Champs early. This gives us a clear beach, a more efficient schedule and less sun exposure.

BONDI TO BRONTE AND JUNIOR OCEAN SWIM, Sunday 7 December at Bondi Beach: **No nippers for any age group on 7 December. U9-U14 encouraged to enter!

The Bondi-to-Bronte and Junior Ocean Swim is Bronte SLSC's major event of the season. It's an incredible day, proudly run by the volunteers of our Club. Please:

- chat with your kids and enter them (U9-U13) in the Junior Ocean Swim at **Bondi** ([see all information here](#)). All Junior Ocean Swim entrants must be registered Nippers (from any SLSC) and pink rashies are compulsory.
- Nippers aged 13 and above can enter the main 2.4km swim ([see all information here](#)).
- The B2B is volunteer run and we encourage everyone to support it. Please [see here to volunteer](#).

GENERAL REMINDERS

BBQ - U11B this week, 7.15am-11.15am: Please sign up via the poll on your chat to help. **All help welcomed from all parents.** If you are not a white shirted Age Manager nor Water Safety, this is truly your time to shine!

Yellow hat helpers: details of how to get qualified are [here](#).

Board & sand training (U9-U14): such awesome feedback from these sessions! To get involved, see [here](#).

Upcoming Carnivals: check out our calendar, as well as the SLS Sydney Branch and SLS Sydney Northern Beaches Branches for upcoming competitions: <https://brontesurfclub.com.au/nippers-calendar>.

Entries for Branch and State Champs will open over the summer, and we will send an EOI out soon (once a few more details are published). Remember we get all our info online for these comps, so you can stay up to date too via these pages:

- [SLS Sydney Branch Championships 2026 \(Age Champs\)](#)
- [SLS NSW State Championships 2026 \(Age Champs\)](#)

WE CAN'T WAIT TO SEE YOU EARLY ON SUNDAY!!

