

BRONTE

SURF LIFE SAVING CLUB • 1903

Nipper Proficiency swim 2019/2020:

I confirm that the
..... (name of child)
in Age Group.

Completed: (*cross out one below*)

- 1) a non-stop unassisted 50m swim and a 60 second float, or
- 2) a non-stop unassisted 150m swim in the time of _____ or
- 3) a non-stop unassisted 200m swim in the time of _____

The qualifying times are as follows:

Under 8	50 metre swim (non stop) plus 1 minute survival float
Under 9	150 metre pool swim within 6 minutes
Under 10	200 metre pool swim within 6 minutes
Under 11	200 metre pool swim within 5.30 minutes
Under 12	200 metre pool swim within 5 minutes
Under 13	200 metre pool swim within 4:30 minutes
Under 14	200 metre pool swim within 4:30 minutes

Signature

Date

Squad Name & pool

One competed please email to office@brontesurfclub.com.au
or give to your Age Manager