

Bronte SLSC (POM) Patrol Operations Manual



Season 2020/21

1	Overview - Patrol Operations Manuals (POM)	3
2	Communication	3
2.1	Surf Life Saving & Emergency Services	3
2.2	Bronte Surf Club Key Contacts	4
2.3	GATE KEYS:	4
2.4	Lifeguard and Council Key Contacts	4
2.5	Ambulance / Police	4
3	SLSS Branch Duty Officer & Rescue Coordinator Contacts	5
3.1	SLSS Duty Officers and Rescue Coordinators Call Signs	5
3.2	Duty Officer Role and Capability Overview	5
4	Hazard/Risk Management	6
4.1	Hazard/Risk Map	6
4.2	Hazard/Risk Management Plan	7
4.3	Southern Emergency Response Area	7
4.4	Northern Emergency Response Area	7
5	Beach Management	8
5.1	Bronte SLSC and Waverley Lifeguards	8
5.2	Minimum Patrol Requirements	8
	<i>Club Operations</i>	8
	<i>Patrol Strength</i>	8
	<i>Equipment</i>	8
5.3	Equipment Location	9
	<i>Main Patrol Use Only Boards Storage (Patrol Room)</i>	10
	<i>Other Rescue Boards Storage</i>	10
5.4	Standard Patrol Beach Layout – Bronte Beach	11
5.5	General Patrol Member Procedures	12
5.6	Detailed Daily Patrol Procedures	13
	<i>Start of patrol</i>	13
	<i>End of patrol</i>	13
5.7	Club Sign ON and OFF Procedures	14
5.8	SLS Operations App	15
5.9	Incident Report Logs	15
5.10	Critical Incident Debrief	16
6	Nippers / Water Safety	17
7	Club Rules	17
7.1	Local Government By-Laws	17
8	Emergency Operations Plans	18
8.1	Emergency Beach Closure	18
	<i>Emergency Beach Closure Procedure</i>	18

<i>Closure Periods</i>	18
8.2 Tsunami Plan	19
<i>Notification</i>	19
<i>Key Equipment</i>	20
<i>Marine Threat Response</i>	20
<i>Land Threat Response</i>	20
8.3 Coastal Flooding Plan	21
<i>Coastal Flooding Response</i>	21
8.4 Emergency Rally Point	22
8.5 Helicopter Landing Zone	23
9 Standard Operating Procedures	24
10 Lifesaving Signals	25
11 Patrol Audit Sheet	26
11.1	26
12 Club Callout Team	27
12.1 Gate Keys for Emergency Services access	27
12.2 Emergency Call Out Team Details	27
13 Sydney Branch Club Directory	28
14 Peer Support	29
14.1 Ensuring the wellbeing of our members	29
14.2 Critical Incident Peer Support	29
15 Life Saving Agreement	30
16 COVID 19 - Lifesaving Updates	33
16.1 COVID 19 – Lifesaving Checklist	33
16.2 COVID 19 - When not to attend SLS activities	34
16.3 COVID 19 – Matrix for SLS Activities	34
16.4 COVID 19 – DRSABCD during COVID-19	35

1 Overview - Patrol Operations Manuals (POM)

Patrol Operations Manuals (POMs) are designed to outline specific local beach management/response plans, which will help all members, from existing Patrol Captains to new Bronze members familiarise themselves with the local beach hazards and risk management plans.

The POM should be available to all patrolling members via physical & electronic means, including an updated copy in the Patrol's beach black box with the Patrol logs, etc.

2 Communication

2.1 Surf Life Saving & Emergency Services

SurfCom			
Service	Phone	Email	
SurfCom (SOC)	Preferred contact is Channel 3 Alternate due to poor radio Comms or heavy radio traffic or a need for confidentiality - 02 9471 8092	soc@surflifesaving.com.au	
SurfCom provides radio and incident support to Patrols and Branch Support Operations.			
Emergency services such as Police, Ambulance, Fire, Helicopters, RMS, Marine Rescue, National Parks and Wildlife Services and the NSW Department of Fisheries should be requested via SurfCom			
SLSNSW STATE OPERATIONS CENTRE (SOC)			
The SLSNSW State Operations Centre (SOC) operates and coordinates emergency responses incidents in accordance with the SLSNSW Emergency Response System SOPs. SurfCom is a component of this.			
<ul style="list-style-type: none">• The SOC will remain operational between 0700 hrs and 1900 hrs 7 days a week.• The 13SURF emergency phone will be manned by a State Duty Officer 24 hours a day.			
Sydney Branch - Oncall Rescue Coordinator (RCO)	SYDNEY 10	Call direct if SurfCom uncontactable for major local incidents or escalations. Individual Duty Officer callsigns are listed in Section 3 of this document	0490 087 801
Surrounding Surf Life Saving Assets			
Club/Service	Distance	Response Time (Water)	Response Time (Land)
Tamarama SLSC 1A Pacific Ave Tamarama NSW 2026	0.6Km	2min	5min
Clovelly Surf Life Saving Club Bundock Park NSW	2.0km	4min	5min
Bondi Ambulance Station 21 Brighton Boulevard Bondi Beach NSW (02) 9320 7777	4.0Km		8min
Other Stakeholders			
Assure Programs (Counselling)	1800 808 374	NSW Poisons Info	131 126

2.2 Bronte Surf Club Key Contacts

Position	First Name	Last Name	Phone	CONTACT
Club Captain	James	McLennan	0425251349	clubcaptain@brontesurfclub.com.au
Vice-Captain	Garry	Luscombe	0421988057	bronte.patrol@gmail.com
IRB Captain	Dominic	Villa	0412229108	irbcaptain@brontesurfclub.com.au
Chief Training Officer	Sam	Stone	0401213899	
Patrol Co-ordinator	Garry	Luscombe	0421988057	bronte.patrol@gmail.com
Head of Surf Sports	Kimberly	Johns	0430275177	surfsports@brontesurfclub.com.au
Lifesaving & Education Admin	Kimberly	Johns	0430275177	lifesaving@brontesurfclub.com.au
Club Caretaker	Wally	Eggleton	0424605020	
Gear Steward	Hugh	Webster	0412244766	gear@brontesurfclub.com.au

2.3 GATE KEYS:

Access Keys to Bronte Park and Beach from Bronte Road for ambulance / police are held by Lifeguards, Kiosk, Club Office and Council Park Staff.

2.4 Lifeguard and Council Key Contacts

- **Bronte Beach Lifeguards** **9083 8809**
- **Bondi Beach Lifeguards** **9083 8461**
- **Tamarama Lifeguards** **9083 8816**

Lifeguard Co-ordinator: **9083 8415**

- **Bruce Hopkins (Supervisor)** **0420 304 167**
- **Dan McLaughlin (Supervisor)** **0435 399 101**

2.5 Ambulance / Police

- **Radio SURFCOM** **Channel 3**
- **Phone SURFCOM** **9471 8092**
- **Or** **CALL 000**

3 SLSS Branch Duty Officer & Rescue Coordinator Contacts

3.1 SLSS Duty Officers and Rescue Coordinators Call Signs

Status	Call Sign	First Name	Last Name	Mobile Phone
Rescue Coordinators (RCO)	SYDNEY 10	Oncall - Rostered RCO		0490 087 801
	SYDNEY 11	Jackson	Towns	0452579648
	SYDNEY 12	Matt	Spooner	0452261642
	SYDNEY 13	George	Shales	0400201749
	SYDNEY 14	Matthew	Evans	0428390922
	SYDNEY 15	John	Restuccia	0401171044
Easter Beaches Duty Officers	Eastern Beaches 30	Waverley & Randwick DO		0436190051
	SYDNEY 31	Gerald	Stephenson	0420996549
	SYDNEY 32	Simon	Torsellini	0414375508
	SYDNEY 33	Brittaney	Banks	0433803475
	SYDNEY 34	Ijko	Miocevic	0401701013
	SYDNEY 35	Ryan	Tindall	0401059943
	SYDNEY 36	Damien	Woods	0423606326
	SYDNEY 37	Mathew	Harper	0450567030
	SYDNEY 38	James	McLennan	0425251349
Sutherland Duty Officers	Sutherland 20	Rostered Sutherland DO		0429 443 793
	SYDNEY 21	Kane	Hughes	0402846784
	SYDNEY 22	James	Caterson	0419976300
	SYDNEY 23	Darren	Galea	0407061067
	SYDNEY 24	Michael	Bonnici	0415779853
	SYDNEY 25	Lachlan	Towns	0424179647
	SYDNEY 26	Joel	Wiseman	0417017684
	SYDNEY 27	Charlie	Hort	0431624043
	SYDNEY 28	Michael	Byrne	0419716001
Era Satellite Phone	0147 150 961			
Garie Satellite Phone	0147 142 549			
Burning Palms Sat Phone	0147 155 049			

3.2 Duty Officer Role and Capability Overview

Duty Officers are highly experienced lifesavers who are trained and skilled in the coordination of responses to serious incidents – both during patrol hours and after-hours as required.

During Patrol Hours Duty Officers **assist the patrol captain with the management of an incident** on or around a beach.

SurfCom will proactively dispatch a Duty Officer to attend an incident if required and Patrol Captains may also request a Duty officer for support to assist them in maintaining management of the beach during a major incident or associated level of high visitation and risk.

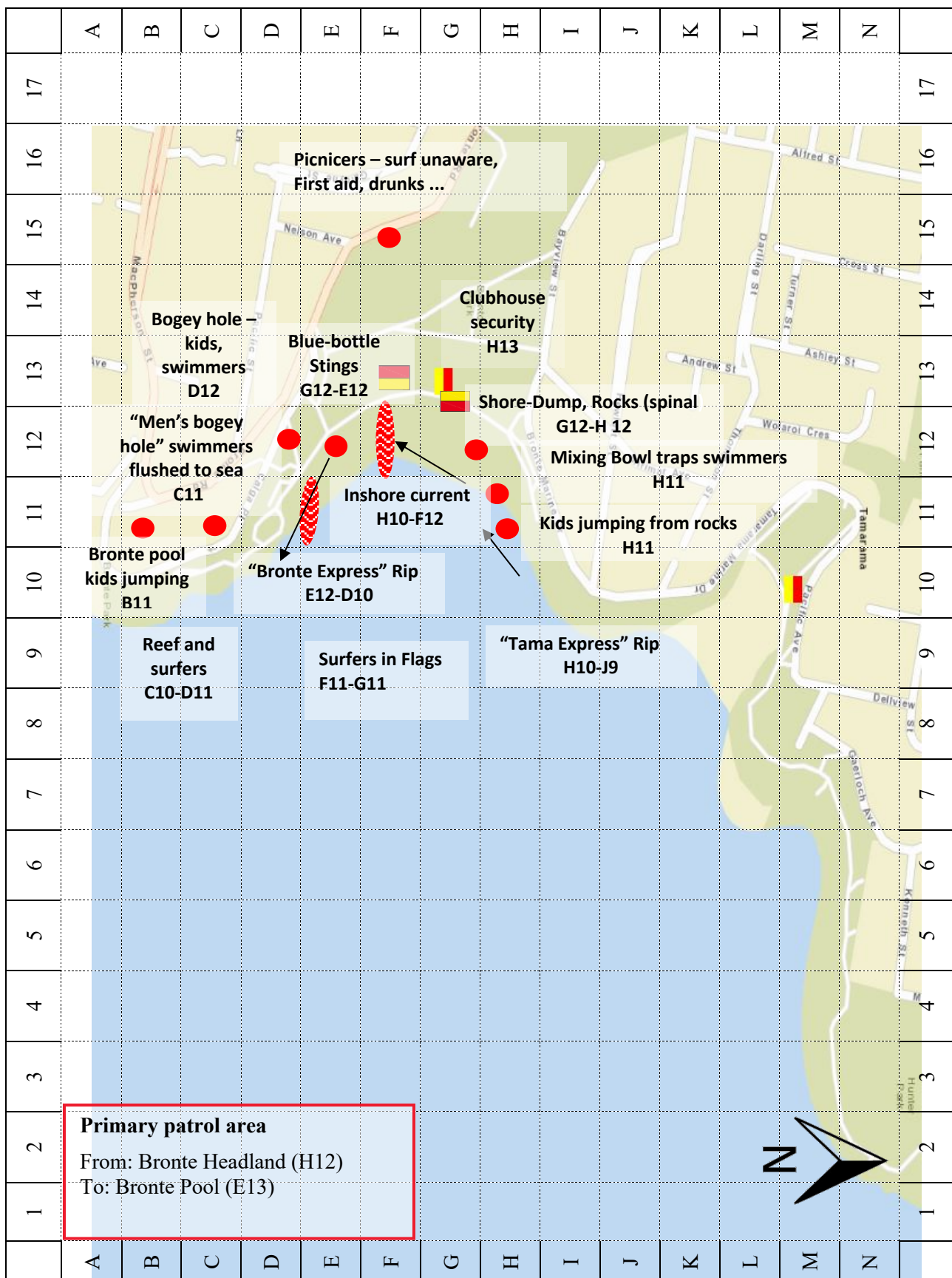
Duty Officers are able to complement the efforts of beach patrols through:

- Coordinating the response of Support Operations Group resources (e.g Offshore Rescue Boats, RWC Jet Skis and the Westpac Rescue Helicopter)
- Liaising as required with police and emergency services
- Taking the necessary steps in the event of injuries, etc to patrol members

Outside Patrol Hours Duty Officers work with emergency services in the event of an aquatic rescue event occurring between Sydney Heads in the north to the royal National Parks in the south. They will coordinate the response of any surf lifesaving resources required ensuring the most appropriate response is provided to assist the emergency services.

4 Hazard/Risk Management

4.1 Hazard/Risk Map



4.2 Hazard/Risk Management Plan

Hazard/Risk	Location (Grid Ref)	Management Plan
Bronte Rock Pool, Jumping	B11	Monitor area as part of Roving patrol Equipment: Radio, Loud Hailer, Whistle Response: Warn people off the rocks or report them
Blue Bottle Stings	G12-E 12	Monitor on days of NE winds Equipment: Loud Hailer, Coins for Hot Water Shower, Hot Water Shower in IRB shed Response: Advise prospective swimmers who might not understand Lifeguard signs. Marshal patients to hot water showers,
Shore Dump	G12-H12	Monitor regularly on dangerous days Equipment: Spinal board, neck brace Response: Spinal board at water's edge
Mixing Bowl	H11	Monitor regularly on dangerous days Roving patrol to area every 30min to 60min Equipment: IRB, Flippers/tube Response: Flippers and tube from rock, IRB Pick up
Bronte Express Rip	E12-D10	Monitor inshore / lateral current leading to the Southern Bronte Express Rip to prevent swimmers getting caught or further swept out Equipment: Rescue Boards Loud Hailer, Whistle Response: Rescue Board/ IRB into the Rip. Stay in Flags
Surfers in Flags	F11-G11	Keep surfers out flagged area warn with Louder Hailer Equipment: Loud Hailer, Rescue Board IRB Response: Go out in IRB/Rescue Board

4.3 Southern Emergency Response Area

Area	Bronte Express
Equipment	IRB, Rescue Board
Response	Rescue from within the Rip
Response Time (water - IRB)	1 min (approx)

4.4 Northern Emergency Response Area

Area	Mixing Bowl
Equipment	IRB, Tube and Fins
Response	IRB to rocks, nose in quick reverse, tubes and fins from rock to IRB
Response Time (water - IRB)	2mins
Response Time (land - ATV)	NA
Access (boat ramps, etc)	NA

5 Beach Management

5.1 Bronte SLSC and Waverley Lifeguards

At Bronte we enjoy an excellent working relationship with the Council's Lifeguards. It's important to remember that the Waverley Lifeguards have ultimate responsibility for beachgoers at our beach. At the same time, they genuinely rely on the Patrol to assist them in keeping the public safe. Direct liaising as part of the Patrol briefing is mandatory and regular interoperation throughout the patrol is highly recommended and encouraged.

Whilst the Patrol mostly functions independently in terms of conducting such tasks as rescues, preventative actions, assisting and informing the public about conditions, it is the Lifeguards who decide whether the beach should be open or closed. At Bronte they also control the placement of the Red and Yellow flags with associated signage. The Waverley Lifeguards ultimately determine what training and nipper activities are appropriate under the prevailing conditions as part of the Clubs agreed risk assessment process.

The Waverley Lifeguards should always be consulted as part of the start of Patrol Briefing and handover. **This is especially relevant with the initial Patrols placement of the Patrol Tent to ensure sight lines are not blocked** and its location is optimised to make better use of the combined resources.

5.2 Minimum Patrol Requirements

Club Operations

Clubs should consider beach patronage and conditions before making any changes to their patrolling strength. At all times, clubs must ensure compliance with their **LSA** (Lifesaving Service Agreement - see section 15).

Patrol Strength

As part of normal OPS, a minimum of five (5) Bronze Medallion members are required for each patrol

Active or Surveillance, this number must include:

- Patrol Captain,
- IRB Driver
- IRB Crew
- ARTC – Advance Resuscitation Techniques award holder.

Note: The ARTC and PC roles / awards are required to be held independently of the IRB roles. This ensures resources are more likely to be at hand and therefore able to be tasked and managed more efficiently by the PC ... i.e. ARTC is not out the back driving the duck !

Equipment

A patrol is to set up their beach with items of equipment, as a minimum;

- IRB (with trailer)
- Rescue craft access signs (where an IRB/RWC is launched from)
- 3 x handheld radios (in waterproof bags for IRB)
- Tower or shade (tent)
- 2 x rescue boards
- 3 x rescue tubes
- 1 x defibrillator
- 1 x oxy resuscitation kit
- 1 x first aid kit
- 1 x spinal board (with spinal collars)
- 1 x binoculars
- 1 x Severe Bleeding kit (tourniquets, Pressure pads and Israel bandages)
- 1 x Set of Signal Flags
- Set of red and yellow patrol flags (set up by Waverley Lifeguards)

5.3 Equipment Location

Normal Pre-Patrol Storage area

Item	Location
IRB	IRB Shed
Radios	Patrol Room – RHS top Radio Cupboard
Patrol shade (tent)	Beach Storage Room - underneath Northern Promenade Stairs
Rescue boards	Locked up on Racks near Men's change room, Patrol Rm & near Board Racks
Rescue tubes	Storage Room - underneath Northern Promenade Stairs
Defibrillator	Patrol Room - underneath Radio Cupboards
Oxy resuscitation kit	Patrol Room - underneath Radio Cupboards
First aid kit	Patrol Room - underneath Radio Cupboards
Spinal board	Patrol Room - hanging adjacent to internal roller shutter
Binoculars	Patrol Room - cupboards / Patrol Bench
Patrol flags/signage	Beach Storage Room - Underneath Northern Promenade Stairs
ICE Machine	Patrol Room - next to sink & patient bed
Epi Pens	Patrol room - next to patient bed
Ventolin	Patrol room - next to patient bed
Severe Bleeding kit	Patrol room – underneath Radio cupboards
GATE KEYS	Office, Lifeguards, Council or Kiosk

Main Patrol Kit Storage (Patrol Room)



Main Patrol Use Only Boards Storage (Patrol Room)



Other Rescue Boards Storage



5.4 Standard Patrol Beach Layout – Bronte Beach



- **Patrol Tent** (oxy, defib, patrol box, spinal board, radios, etc) – confirm location with WLG
- **Rescue Boards** (min 3) on stands with **Tubes & Flippers** located near best entry points
- **IRB** on standby, preferably stationed at Southern Rip with warning signs.

5.5 General Patrol Member Procedures

- Arrive punctually for all patrols;
- When you arrive at the beach, **report directly to your Patrol Captain First** so you can be signed into the patrol logbook or App.
- If you are doing a “make up patrol” or substituting for another person, please note it accordingly in the logbook;
- If you wish to go into the water, let your Patrol Captain know and do not enter the water without your patrol cap tied on;
- Be vigilant at all times – people can get into difficulties very quickly in the water. We cannot afford to have patrol members not monitoring the surf and crowd conditions at all times;
- Do not leave the beach without the permission of your Patrol Captain. If you leave the beach, do not wear your patrol uniform or cap;
- The IRBs must not be used for any purpose other than surf lifesaving or instruction, and may only enter marked bathing areas for rescue purposes;
- If you finish your patrol and the relieving patrol is not present, please consult with your Patrol Captain – you may have to remain on patrol until the relieving patrol is in place.

5.6 Detailed Daily Patrol Procedures

Start of patrol

1. All members arrive at least 15min prior to start of patrol
2. Minimum standards assessed (numbers, qualifications, gear)
3. PC to liaise with Lifeguards & obtain any updates on conditions, or issues to be aware of during patrol
4. Equipment should be checked and positioned for patrol
5. Flagged area established
6. Patrol log completed
7. Patrol signed on with SurfCom
8. 'Patrol Briefing' conducted by Patrol Captain, discussing;
 - Uniform standards
 - Member roles/responsibilities
 - Rotation schedule/positioning
 - Radio use (channels/call-signs)
 - Expected weather/surf conditions
 - Expected hazards and management
 - Induction/introduction of any new members

End of patrol

1. Scanning/surveillance of beach maintain by at least one lifesaver during 'pack-up'
2. Rescue equipment (radio, tube, board, IRB) to remain at 'rescue ready' status during 'pack up'
3. Patrol log, Incident log and Powercraft log completed
4. Patrol signed off with SurfCom
5. All equipment cleaned and stored appropriately
6. Radios placed on charge
7. Any supply requirements or equipment damage reported to relevant club officer
8. 'Patrol Debrief' conducted by Patrol Captain, discussing;
 - Rescues/incidents and key activities from the day
 - Any questions/concerns from patrol members
 - Upcoming events/opportunities
 - Training options
 - Next patrol date

5.7 Club Sign ON and OFF Procedures

CLUB RADIO PROCEDURES



SIGNING ON AND OFF - EACH PATROL

The previously named SLSA Patrol Ops App has been superseded by the new SLSA Operations App

SIGN ON

- Ten minutes before SIGN ON, SurfCom will remind clubs to sign on via the Operations App.
- SIGN ON with Patrol Bronze qualification numbers, Beach status and IRB status
- Within 30 minutes of SIGN ON, SurfCom may conduct a radio check for clubs using the app.
- Clubs that do not have access to the app will SIGN ON on as per their LSA's.

Each patrol must **SIGN ON** and **Off** on the day. Afternoon PCs will have the ability on the App to sign off the morning patrol

SIGN OFF

- Ten minutes before SIGN OFF, SurfCom will remind clubs to submit statistics via the SLSA Operations App
- SIGN OFF with Rescue Statistics only
- Patrols wishing to extend patrol times should notify SurfCom 15 minutes prior to scheduled SIGN OFF and provide revised finish time
- Clubs that do not have access to the app will SIGN OFF as per their LSA's.

Always contact SurfCom if your patrol status changes (IRB, ATV, Bronze Numbers below 3) or the beach is closed.



RADIO CHANNELS

Channel 1

- Emergency Channel
- Line of sight only
- Incident communications channel between Duty Officers, and all assets on scene (RWC, OSB or Helicopter)

Channel 2

- Patrol "chat" channel
- Line of site only
- Internal patrol communications between beach assets only

Channel 3

- Primary Repeater Channel
- For all communications with SurfCom
- Digital radios will roam for strongest signal
- Analogue Radios need to manually switch channels

Channel 4

- Scanning Channel only
- Broadcasts all traffic on channels 1, 2 & 3 and secondary repeaters within range
- Response will transmit on receiving channel if within 5 seconds, otherwise Channel 2

Training Channels

- Labelled as "25 Train" & "26 Train" on older radios
- Labelled as "58 Train" and "66 Train" on newer radios
- Frequencies have not changed | 25 Train = 58 Train | 26 Train = 66 Train



CONTACTS

State Operations Centre (SOC)

- Call Sign: SurfCom New South Wales
- Phone Number 9471 8092
- Operates FNC, NC, MNC, LNC, HUN, CC, SYD, ILL, SC, FSC 7 days a week
- Operates SNB Monday to Friday in Season and 7 days a week out of season

SurfCom Warringah

- Call Sign: SurfCom Sydney Northern Beaches
- Phone Number 9982 5666
- Operates only SNB weekends in Patrol Season

Both SurfCom facilities operate during daylight hours only. For all emergencies after these hour, dial "000" and ask for police.

5.8 SLS Operations App

The Patrol Logbook has been replaced by the SLS Operations App. When using the SLS Operations App, all Patrol Log data will be uploaded to SurfGuard as an open Patrol Log. It is important that the information uploaded via the App is reviewed before closing the log on SurfGuard.

Clubs that do not have wireless/ mobile coverage are not required to use the SLSA Operations App. Those clubs must use the paper Patrol Log which can be printed off SurfGuard.

The old Patrol Logbooks are no longer valid due to change in data recoding processes.

Logs must be entered into SurfGuard within two weeks of the associated patrol. All clubs must have a back-up paper Patrol Log available for use.

Key focus areas for the 2020/2021 season:

Beach attendances must be recorded on the hour, every hour.

Preventatives need to be recorded on the hour, every hour

Rescues recording

- Record the type of rescue equipment used during a rescue (i.e. board, tube, IRB).
- Record the profile of person rescued (age/sex/ country of birth) if possible

To access the SLS Operations App, members will need to have a 'Members Portal' account. The App can be downloaded via the Google or Apple App stores.

5.9 Incident Report Logs

All clubs/services should be inputting their Incident Report Logs and Patrol Logs into SurfGuard within two weeks of the associated patrol. This up to date information ensures that hotspots and trends are identified as early as possible, enabling time for preventative solutions to be put in place as well as providing accurate statistic figures for sponsors and media outlets to report the ongoing hard work of our volunteers.

A key focus of the 2019/2020 season will be collating accurate patrol data via the Patrol App, especially attendance^[1] figures and the inputting of the rescue equipment used during a rescue (i.e. board, tube, IRB etc.).

This information will be valuable in assisting Clubs identifying through and evidence-based system what equipment is used the most during patrols and what equipment is a priority for replacement/turnover.

5.10 Critical Incident Debrief

The environment in which Surf Life Saving operates has the potential for members to be involved in serious incidents of a high-intensity and traumatic nature which may involve death, serious injury or significant risk to lifesaving personnel.

A Critical Incident Debrief is undertaken immediately an incident concludes to ensure that:

- Member welfare is identified as a priority issue and practical support is optimised,
- The ability to re-establish core lifesaving services is achieved,

Obligatory paperwork and data is recorded, collected and forwarded appropriately and documented for future review to provide drowning prevention recommendations or for legal reasons to the Coroner and relevant local government authorities.

The correct, accurate and comprehensive filling out of Critical Incident Debrief paperwork cannot be over emphasised. Especially for member welfare as this means there is a formal record of the incident should there be a need for support to the affected members a future claim with WorkCover.

The Branch Duty Officer (or equivalent) should lead every Critical Incident Debrief as part of the incident Recovery Phase. If a Duty Officer is not available, an appropriate Branch Officer should be tasked to deliver the debrief.

Expert Counselling: SLSNSW has a contract with a private counselling organisation. Expert counselling plays the following roles in SLS Critical Incidents:

- Provision of trauma information/brochures
- Provision of three free 24/7 counselling sessions to members once approved by SLSNSW

Assure Programs (Counselling)

1800 808 374

6 Nippers / Water Safety

Nipper activities (and like activities) are to adhere to the SLSA Water Safety Policy (SLSA Policy 1.01) at all times. Nipper activities are to only be conducted in the immediate vicinity of an active patrolled area and have its own sufficient water safety (minimum 1 water safety for every 5 participants).

It is highly recommended that an IRB be available for water safety. The IRB should be on the water, rather than stationary on the beach. Nipper activities cannot be undertaken on a closed beach.

7 Club Rules

- Full patrol uniform must always be worn on patrol, including skull cap whilst on the beach and in the water
- At least one (1) patrol member to always be watching the water
- At least one (1) patrol member always monitoring the radio (channel 2 and channel 3 via Scan)
- The Patrol Captain is to always be made aware of all member locations/activities and movements
- At least one (1) patrol member at the water's edge with a tube, fins and radio when swimmers are in the water
- Rescue tubes are to always be carried by patrol members when on the beach
- Rescue tubes should not be tied to flag poles
- Members should not text, sunbathe or engage in any unprofessional behaviour (in uniform) in public view
- Only qualified IRB driver and crew are to operate the IRB
- The Club Captain or relevant officer should be notified immediately of any equipment damage/issues
- Patrols will adhere to following the full start and end of Patrol procedures
- Labelled **Patrol** Rescue Boards located on the beach in fixed positions are only to be used by the active Patrol. **Any other use of those designated Rescue Boards needs to be authorised by the PC.**

7.1 Local Government By-Laws

Local By Law	Management Plan
No Ball Games on the Beach	Advise participants and advise ranger/ Lifeguards if needed
No Dogs on the Beach	Advise participants and advise ranger/ Lifeguards if needed
No Smoking on the Beach	Advise participants and advise ranger/ Lifeguards if needed
No Alcohol on the Beach	Advise participants and advise ranger/ Lifeguards if needed

8 Emergency Operations Plans

8.1 Emergency Beach Closure

Patrol Captains should (in consultation with Waverley Lifeguards) consider the 'closure' of a beach at any time that there is an unacceptable/unmanageable risk to the public of the lifesaving service is unable to safely perform water safety tasks. For a detailed procedure, refer to Standard Operating Procedure '**LS 9.1 Emergency Beach Closure.**'

Examples include:

- Dangerous surf conditions
- Sharks
- Excessive stingers
- Powercraft hazards
- Lightning
- Tsunami/flood warning
- Storm pollution
- Chemical/fuel spill

Emergency Beach Closure Procedure

1. Determine if water area is to be evacuated
2. Inform SurfCom that you are about to close the patrolled area
3. Activate the 'Emergency Evacuation Alarm'
4. Inform every one of the following;
 - Water area is being closed; and
 - Reason for closure
5. Lower and remove the red and yellow patrol flags and black and white surfcraft flags
6. Post 'Swimming not advised' signs at identified beach access points and where the flagged area was located
7. Continually monitor all areas
8. Maintain minimum personnel, qualification and equipment requirements
9. Maintain an active presence on the beach to advise/warn public
10. An appropriate record should be made in the patrol log giving an outline of the incident

Closure Periods

Generally, the beach will remain closed until such time as the identified hazard is controlled or no longer presents a risk.

Recommended closure periods include:

- Dangerous surf conditions – as determined/appropriate
- Shark – minimum 30 minutes from last confirmed sighting (or completion of search)
- Chemical/biological hazards – after confirmation from appropriate authorities that the area is safe

8.2 Tsunami Plan

Surf Life Saving New South Wales is recognised under the State EMPLAN as a ‘support agency’ in a Tsunami event. Broadly, our role includes:

- Contribute to tsunami community education initiatives
- Assist the SES with the dissemination of warnings
- Close and evacuate beaches on receipt of a NSW Tsunami Warning or upon observation of unusual ocean behaviour indicative of a tsunami, in consultation with Local Government Councils
- Assist with the rescue of people from the surf zone following the impact of a tsunami
- Notify the SES when unusual ocean behaviour indicative of a tsunami is observed, or a tsunami has occurred for which there has been no prior warning

For a detailed procedure, refer to Standard Operating Procedure ‘*LS 9.12 Tsunami Warning*’ and the ‘Surf Life Saving New South Wales Tsunami Plan.’

Each Surf Life Saving Club has an obligation to be prepared and respond as outlined in the ‘Surf Life Saving New South Wales Tsunami Plan’.

There are two types of tsunami threats:

1. Marine threat – may influence currents/rips/water energy and immediate foreshore (more common)
2. Land threat – may impact coastal areas, inlets and inland inundation (rare event, but significant impact)

Notification

The SES is the ‘lead agency’ for tsunami response and will advise Surf Life Saving of a tsunami warning through the State Duty Officer, who will co-ordinate the Surf Life Saving response.

Due to the location of ‘fault lines’ (starting points of tsunami’s) a warning should precede the tsunami impact by a number of hours.

Depending on the time of day/year, the notification process will differ, however will remain similar to the standard emergency response notification;

Patrols on duty

- State Duty Officer notifies SurfCom and Branch Duty Officer
- SurfCom advises on duty patrols of tsunami warning and to activate their ‘Club Tsunami Response Plan’

Patrols not on duty

- State Duty Officer notifies Branch Duty Officer
- Branch Duty Officer notifies ‘Club Emergency Response Teams’ who activate their ‘Club Tsunami Response Plan’

Key Equipment

The following equipment (minimum) is key to maintaining a viable lifesaving service during a tsunami warning (both marine and land threat) and restoring the service following the impact of a tsunami to a 'rescue ready' status. This equipment should be moved to a safe location prior to the tsunami's impact (marine and land threat):

- IRB (with trailer)
- 3 x handheld radios in waterproof bags
- 2 x 'swimming not advised' (or 'beach closed') mobile signs
- 2 x rescue boards
- 3 x rescue tubes
- 1 x defibrillator
- 1 x oxy resuscitation kit
- 1 x first aid kit
- 1 x spinal board (with spinal collars)
- 1 x binoculars

Marine Threat Response

1. Club advised of tsunami warning
2. Patrol/flagged area closed
3. Evacuation alarm sounded (continuous siren)
4. Evacuation flag erected (red and white quartered)
5. Swimmers/surfers etc evacuated from water
6. Members of the public evacuated from foreshore
7. 'No swimming' signage erected
8. Relocate key patrol/response equipment away from the foreshore
9. Prepare to evacuate all personnel & key equipment if warning is upgraded to a 'land threat'
10. Maintain preparedness to respond to emergencies until threat has passed (official notification from SurfCom/Branch Duty Officer)
11. Upon clearance from SurfCom/Branch Duty Officer return to normal operations (stand down)

Land Threat Response

1. Club advised of tsunami warning
2. Patrol/flagged area closed
3. Evacuation alarm sounded (continuous siren)
4. Evacuation flag erected (red and white quartered)
5. Swimmers/surfers etc evacuated from water
6. Members of the public evacuated from foreshore, car park and immediate area
7. 'No swimming' signage erected
8. All non-essential personnel sent home
9. Transport 'key equipment' and remaining personnel to pre-determined rally point (see 5.6 Emergency Rally Point)
10. Inform SurfCom/Branch Duty Officer when evacuation to rally point is complete
11. Maintain preparedness to respond to emergencies until threat has passed (official notification from SurfCom/Branch Duty Officer)
12. Respond to incidents following tsunami impact as directed by SurfCom/Branch Duty Officer
13. Upon clearance from SurfCom/Branch Duty Officer stand down to normal operations

8.3 Coastal Flooding Plan

Surf Life Saving New South Wales is recognised under the State EMPLAN as a 'support agency' in a coastal flooding event. Broadly, our role includes:

- Assist the SES with the warning and/or evacuation of at risk communities
- Provide space in Surf Life Saving facilities for evacuation centres where required
- Assist the SES with flood rescue operations

For a detailed procedure, refer to Standard Operating Procedure '**LS 9.11 Coastal Flooding.**'

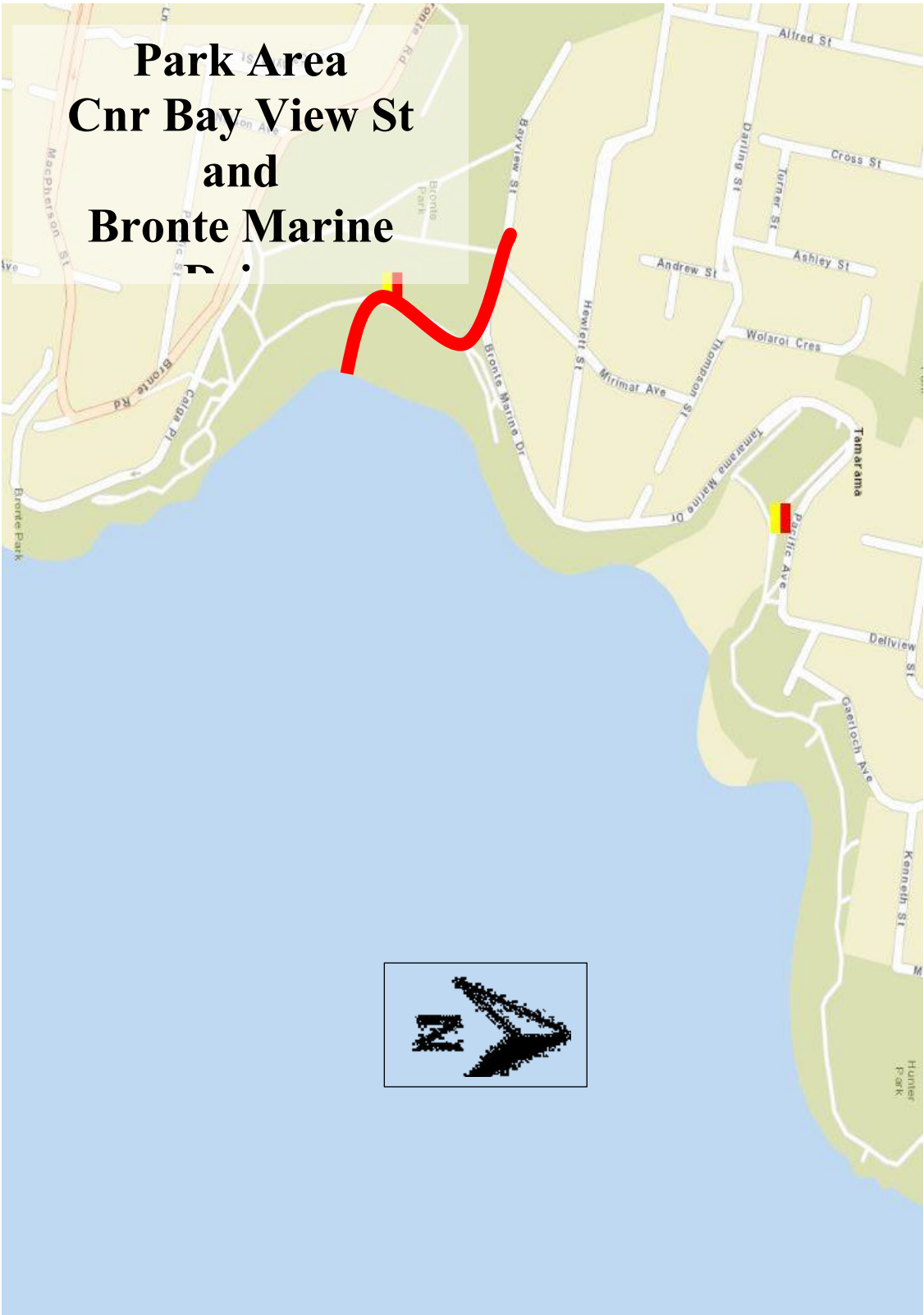
Each Surf Life Saving Club has an obligation to be prepared and respond in line with a 'land threat' tsunami warning.

Coastal areas are likely to be affected by either 'flash flooding' or 'storm surge' flooding. 'Storm surge' flooding will generally coincide with high tides and is easier to predict and prepare for. 'Flash flooding' is unpredictable and occurs in a short period of time, occasionally a storm warning may be issued prior to the flooding event.

Coastal Flooding Response

1. Club advised of coastal flooding warning
2. Patrol/flagged area closed
3. Evacuation alarm sounded (continuous siren)
4. Evacuation flag erected (red and white quartered)
5. Swimmers/surfers etc evacuated from water
6. Members of the public evacuated from foreshore, car park and immediate area
7. 'No swimming' signage erected
8. Prepare Clubhouse as an 'emergency evacuation centre'
9. All non-essential personnel sent home
10. Transport 'key equipment' and remaining personnel to pre-determined rally point (see 5.6 Emergency Rally Point)
11. Inform SurfCom/Branch Duty Officer when evacuation to rally point is complete
12. Maintain preparedness to respond to emergencies until threat has passed (official notification from SurfCom/Branch Duty Officer)
13. Respond to incidents as directed by SurfCom/Branch Duty Officer
14. Upon clearance from SurfCom/Branch Duty Officer return to normal operations (stand down)

8.4 Emergency Rally Point



Emergency rally point location: Cnr Bay View St and Bronte Marine Drive
Bronte , NSW 2024

8.5 Helicopter Landing Zone

During major incidents, rescue helicopters may be required to land in Bronte Park (main park or the Northern high point) or Calga Reserve to the south to assist treating the patient and possibly transporting the patient to hospital.

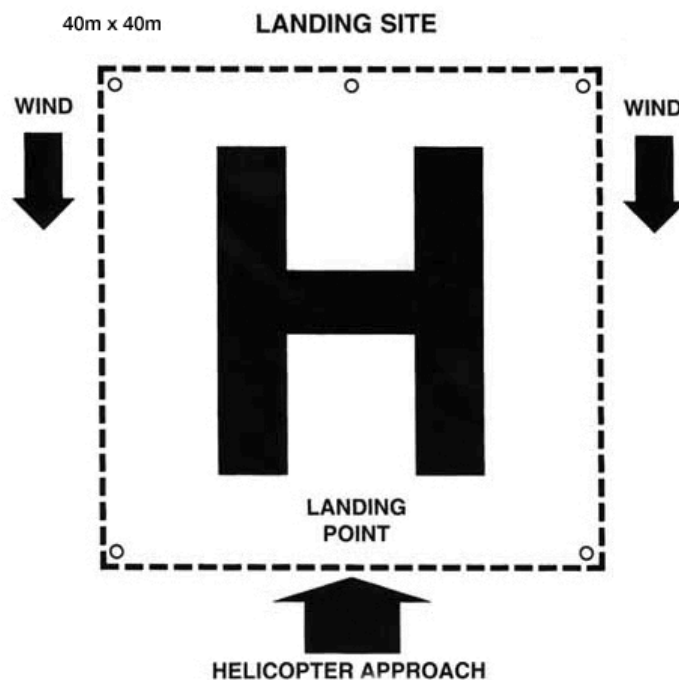
Ultimately the decision of where to land is made by the pilot of the aircraft based on weather conditions, the nature of the incident and surrounding hazards. Patrol Captains can prepare and suggest a landing zone using local knowledge prior to a helicopter arriving.

Things to consider when establishing a helicopter landing zone;

- 40m x 40m area (minimum)
- Flat and cleared of hazards (loose objects, power lines, trees, etc)
- Helicopter will approach the landing zone against the wind

Helicopter Landing Zone procedure;

- Nominate a suitable lifesaver as 'landing zone controller' and provide a radio
- 'Landing zone controller' briefs lifesavers on pre-landing and post-landing procedures
- Landing zone cleared of all loose objects, vehicles and people
- Landing zone established with minimum 40m x 40m area and marked with cones.
 - Lifesavers to ensure landing zone is maintained and members of the public do not enter the area
 - 'Landing zone controller' is to be positioned on the side of the landing zone that the helicopter will land towards
- Establish contact with helicopter of 'Surf Channel 1' prior to landing and confirm suitability of landing zone. Provide a summary of key hazards (trees, power lines) within the area
- Helicopter lands, lifesavers ensure perimeter is maintained until helicopter departs
- Do not approach the helicopter and await instructions from the helicopter crew (only approach the helicopter from the front and once given the all clear from the helicopter crew)
- Ensure loose objects are secured and landing zone is clear of people prior to helicopter taking off

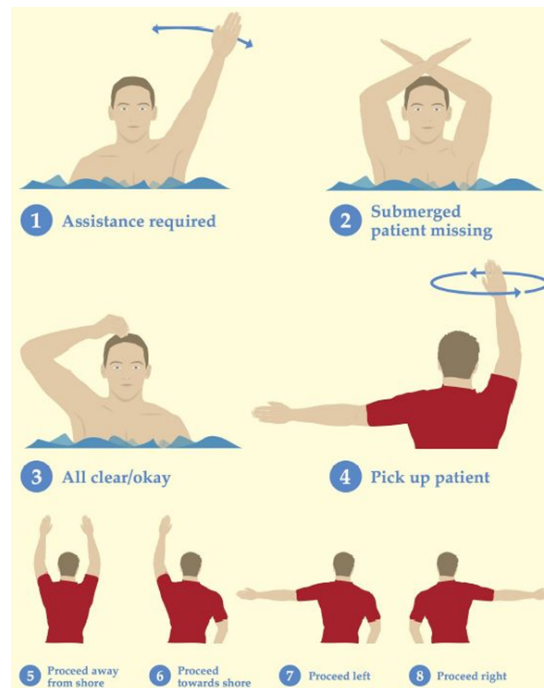


9 Standard Operating Procedures

For detailed information on Lifesaving procedures and policies, refer to the Standard Operating Procedures on the Surf Life Saving New South Wales website.

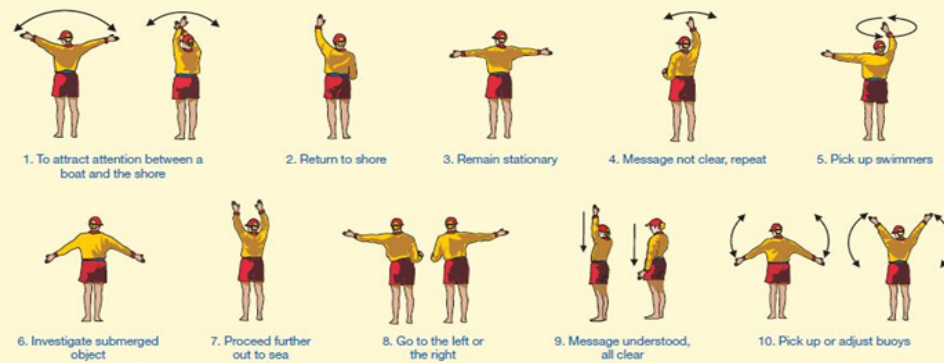
- LS2 Work health and safety
- LS3 Information management
- LS4 Obligations and Standards
- LS5 Regulations – rescue vessels
- LS6 Gear and equipment
- LS7 Radio communications
- LS8 Patrol operations (general)
- LS9 Patrol operations (emergency)
- LS10 Emergency response system
- LS11 SAR operations
- LS12 SurfComs
- LS13 Lifesaving vessels and aircraft
- LS14 Post incident (recovery phase)

10 Lifesaving Signals



Beach to water signals

(Images show hand signals, use signal flags when available)



Water to Beach Signals

(May be conducted from any craft or boat)



Tower and other Signals



11 Patrol Audit Sheet

PATROL AUDIT FORM

Club:	Patrol Name/No:	Date:	Time:
Patrolled area open/closed:	Head count in water:		



1. PERSONNEL

LIFESAVERS ON-DUTY (bronze/cert II & proficient) 50 points (0 points if below minimum number – per lifesaving agreement)	/50
QUALIFICATIONS/AWARDS HELD (BBM, ARTC, IRBD, IRBC, Spinal) 50 points (10 points deducted for each shortfall)	/50
PATROL UNIFORM (SLSA shorts/shirt/hat/quartered cap) 50 points (10 points deducted for each member in non-regulation uniform)	/50
SECTION SUB-TOTAL	/150

2. BEACH MANAGEMENT (✓/X) Full marks if compliant, 0 marks if not

Water under consistent surveillance	/10	Standard Operating Procedures (SOPs) available	/2
Flags erected & positioned close to water's edge	/5	Patrol Operations Manual (Club) available	/2
IRB positioned close to water's edge (response-ready)	/5	Procedures Guidebook immediately available	/1
Powercraft access signs erected	/2	Incident Logbook & Patrol Handover Forms available	/2
Lifesavers at water's edge 'flag duty' if persons in water	/5	Patrol Log Completed	/5
Waters edge/roving lifesavers with 1 x tube ea + 1 x radio	/5	IRB Log Completed	/2
Patrol Tower/First Aid Room clean/no obvious risks	/2	Powercraft Code of Conduct displayed in patrol room/gear shed	/2
SECTION SUB-TOTAL	/50		

3. GEAR AND EQUIPMENT (✓/X) Full marks if compliant, 0 marks if not

IRB operational	/10	ATV (flashing light, reverse beeper, board, tube)	/10
3 x Rescue Tubes immediately available	/10	Spare fuel available in gear shed for IRB and ATV	/5
2 x Rescue Boards available and positioned at water's edge	/10	Defibrillator operational and immediately available	/10
Binoculars immediately available	/5	Oxygen resuscitation kit stocked, available (O2 > 50% + full spare)	/10
Patrol Tent/Arena erected	/5	Mobile first aid kit stocked and immediately available	/5
3 x handheld radios/monitored (SurfCom radio test)	/10	Spinal board and stiff-neck collars and immediately available	/5
2 x whistles	/2	Loud Hailer/PA (incl siren)	/2
2 x signal flags	/1		
SECTION SUB-TOTAL	/100		

4. PRACTICAL ASSESSMENT – Scaled against criteria in 'guide'

Resuscitation		Minimum Qualifications – for post-audit review by Branch	
Danger – checked/PPE used	/4	Award	Name
Response – talk/touch	/3	1xBronze/Cert II	
Send – for help (incl SurfCom)	/3	1xBronze/Cert II	
Airway – clear + open (head tilt)	/5	1xBronze/Cert II	
Breathing – check + 2 breaths (mask)	/5	1xBBM	
CPR 30/2 (effective)	/10	1xIRBD	
Introduction of AED	/5	1xIRBC	
Introduction & use of O2 Resuscitation	/10	1xSpinal	
Overall incident management/teamwork	/5		
SECTION SUB-TOTAL	/50		

AUDIT SUMMARY (Points Tally)

SECTIONS				TOTAL
1. PERSONNEL	2. BEACH MANAGEMENT	3. GEAR & EQUIPMENT	4. PRACTICAL ASSESSMENT	/350

COMMENTS BY PATROL AUDITOR (including URGENT issues to report/resolve)

AUDITOR Name	AUDITOR Signature	PATROL CAPTAIN Name	PATROL CAPTAIN Signature

12 Club Callout Team

Each Club should have an 'Emergency Callout Team' that can respond to incidents within the 'Emergency Response Area' as outlined in the Lifesaving Service Agreement. Members of the 'Emergency Callout Team' are to be appointed by the Club Captain and a list of active members maintained via Surf Guard.

To maximise emergency response effectiveness and personnel safety, clubs should maintain the following equipment/logistical preparedness:

- 2 x rescue tubes (with fins)
- 2 x rescue boards
- IRB (with trailer and full fuel bladder in an accessible location)
- ATV (if applicable)
- 1 x defibrillator
- 1 x oxy resuscitation kit
- 1 x first aid kit
- 1 x spinal board (spinal collars now optional and only to be used by EMS personal)
- 2 x handheld radios in waterproof bags
- Personal telephone numbers contactable 24 hours with contacts (updated in SurfGuard)

12.1 Gate Keys for Emergency Services access
















Gate keys for access via Bronte Road (opposite Cafes / Bus stop) are held by the OFFICE, Kiosk, Council Park Staff, and Council Lifeguards

12.2 Emergency Call Out Team Details

First Name	Last Name	Club Key ?	IRB Driver ?	Phone	Availability ? (24/7, A/H, weekends)
James	McLennan	Y	N	0425251349	ALL
Andrew	Ferguson	Y	Y	0411502300	ALL
Andrew	Ugarte	Y	N	0437482706	ALL
Anthony	Mossman	Y	N	0425343849	ALL
Basil	Scaffidi	Y	N	0407518399	ALL
David	Finnimore	Y	N	0410638126	ALL
David	Fleeting	Y	Y	0407414755	ALL
Iljko	Miocevic	Y	N	0401701013	ALL
Jason	King	Y	Y	0416008027	ALL
Jochen	Valdeck	Y	Y	0450206317	ALL
Kimberly	Johns	Y	N	0430275177	ALL
Murray	Inglis	N	Y	0419247274	ALL
Nigel	Harvey	Y	Y	0412241145	ALL
Philip	Leamon	Y	N	0414642563	ALL
Emma	Finnerty	Y	N	0411339393	ALL
Gaby	Naher	Y	N	0414624568	ALL
Wallace	Eggleton	Y	N	0424605020	ALL

13 Sydney Branch Club Directory

There are 15 clubs located with the parameters of Surf Life Saving Sydney Branch Inc. They are listed North to South – Nth Bondi, Bondi, Tamarama, Bronte, Clovelly, Coogee, Maroubra, South Maroubra, Wanda, Elouera, Nth Cronulla, Cronulla, Garie, Burning Palms & Era.

NAME	WEBSITE	PHONE	FAX
 Bondi	www.bondisurfclub.com	(02) 9300 9279	(02) 9300 9596
 Bronte	www.brontesurfclub.com.au	(02) 9389 6500	(02) 9389 1799
 Burning Palms	www.burningpalmsslsc.com.au	(02) 9600 6115	(02) 9600 6115
 Clovelly	www.clovellysurfclub.com.au	(02) 9665 1441	(02) 9315 7412
 Coogee	www.coogeeslsc.com.au	(02) 9665 5138	(02) 9665 4925
 Cronulla	www.cronullasurfclub.com	(02) 9523 5300	(02) 9527 3847
 Elouera	www.elouera.com	(02) 9523 7295	(02) 9544 4398
 Era		0414 493 868	
 Garie	www.gariesurfclub.com	0414 714 008	
 Maroubra	www.maroubraslsc.com.au	(02) 9349 1336	(02) 9344 7273
 North Bondi	www.northbondisurfclub.com	(02) 9130 7677	(02) 9130 1728
 North Cronulla	www.northcronullasurfclub.com	(02) 9523 5846	(02) 9544 0011
 South Maroubra	www.southmaroubraslsc.com.au	(02) 9314 0070	
 Tamarama	www.tamaramaslsc.org	(02) 9130 3967	
 Wanda	www.wandasurfclub.com	(02) 9523 4343	(02) 9523 4491

14 Peer Support

14.1 Ensuring the wellbeing of our members

The environment in which surf lifesaving operates is predisposed to the occurrence of incidents of a traumatic nature. These incidents are referred to as Critical Incidents. Critical Incidents may occur on or off the beach and they have the potential to evoke strong emotional, physical, behavioural and cognitive responses in those members directly and indirectly involved.

14.2 Critical Incident Peer Support

Surf Life Saving NSW has engaged AccessEAP to provide a fast, professional and confidential service to members who have been involved in a critical incident. The costs of these services can often be covered by WorkCover NSW and have been put in place to ensure the wellbeing of our members.

15 Life Saving Agreement

Lifesaving Service Agreement 2020-2023

SURF LIFE SAVING
NEW SOUTH WALES



Club Name: Bronte

Branch: SYD

Patrol Times: 2020/2021

Date	Saturdays	Sundays + Public Holidays
26/9/2020 to 3/10/2020	10am to 4pm	10am to 4pm
4/10/2020 to 18/10/2020	9am to 4pm	9am to 4pm
24/10/2020 to 3/4/2021	9am to 6pm	9am to 6pm
4/4/2021 to 25/4/2021	9am to 4pm	9am to 4pm

Patrol Times: 2021/2022

Date	Saturdays	Sundays + Public Holidays
18/9/2021 to 2/10/2021	10am to 4pm	10am to 4pm
3/10/2021 to 17/10/2021	9am to 4pm	9am to 4pm
23/10/2021 to 2/4/2022	9am to 6pm	9am to 6pm
3/4/2022 to 25/4/2022	9am to 4pm	9am to 4pm

Patrol Times: 2022/2023

Date	Saturdays	Sundays + Public Holidays
24/9/2022 to 1/10/2022	10am to 4pm	10am to 4pm
2/10/2022 to 16/10/2022	9am to 4pm	9am to 4pm
22/10/2022 to 1/4/2023	9am to 6pm	9am to 6pm
2/4/2023 to 25/4/2023	9am to 4pm	9am to 4pm

Minimum requirements for patrols

- Approved and inspected equipment as outlined in the Standard Operating Procedures
- 5 x Volunteer Bronze Medallion qualified patrol members, including;
 - 1 x proficient ARTC award holder
 - 1 x proficient IRB Driver
 - 1 x Beach Management award holder
 - 1 x proficient IRB Crew

Exemptions/Notes

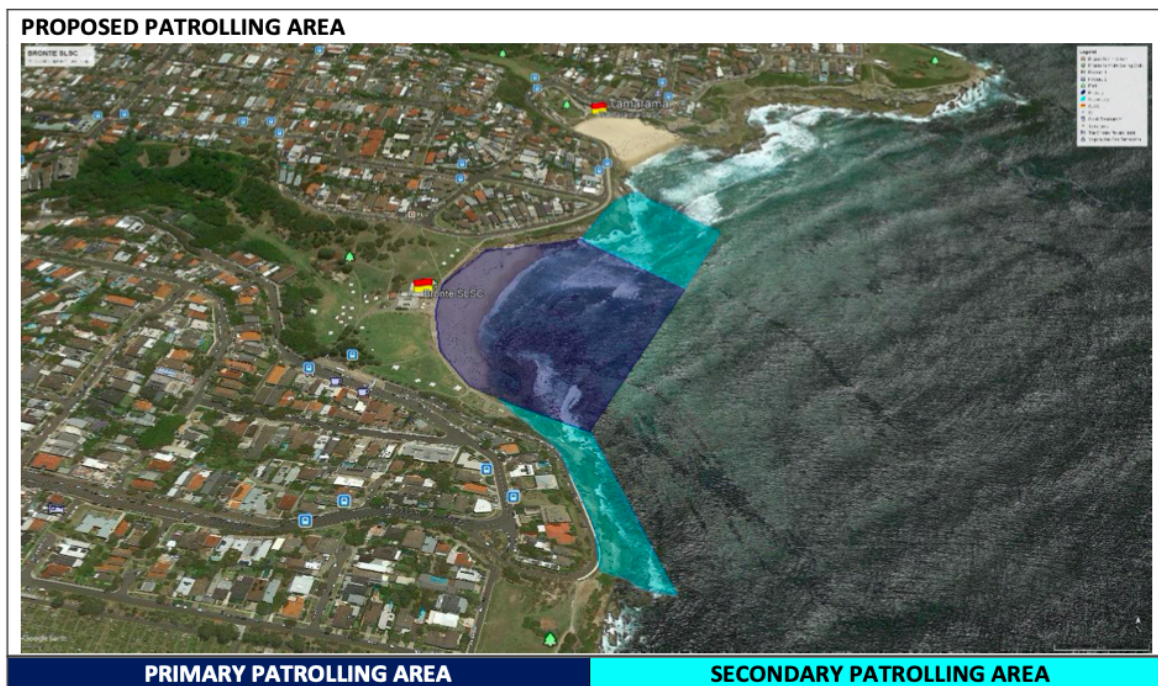
SLSS notes the proposed knock-down and rebuild of Bronte SLSC clubhouse, planned to take place from June 2020 and take up to 2 years to complete.

SLSS acknowledges that Bronte SLSC's performance of its obligations under this Service Agreement is subject to the constraints resulting from the clubhouse rebuild.

SLSS agrees to a review of the Bronte LSA should the building hinder their ability to patrol with appropriate amendments.

Lifesaving Service Agreement 2020-2023

SURF LIFE SAVING
NEW SOUTH WALES



Endorsement of Lifesaving Service Agreement

All parties below confirm that they have read and understand the above 2020-2023 Lifesaving Service Agreement. The club agrees to patrol to the agreed dates and times outlined above maintaining the minimum equipment and personnel levels as defined in the SLSNSW Standard Operating Procedures, unless an exemption is mutually agreed to by Club, Branch and SLSNSW.

Club Endorsement

James McLennan (Club Captain)

Date: 25/09/2020

Branch Endorsement

Date:

SLSNSW Endorsement

Date:

ADDITIONAL INFORMATION

'Primary Patrolling Area'

- 'Beach segment': sandbar, and adjacent inshore holes and rip currents (approx 400m)
- Highest level of service provision; constant supervision;
- Use of red and yellow flags;
- Proactive engagement with beach and water users, and focus on preventative actions e.g. reduce the likelihood and severity of incidents;
- Identify persons in difficulty and respond immediately using a rescue tube or rescue board; response using an inflatable rescue boat or rescue watercraft as required.

'Secondary Patrolling Areas'

- Additional 'segments' either side of the 'Primary Patrolling Area' (200-300m either side). These 'segments' may include beach, rock shelf, headlands etc.;

Lifesaving Service Agreement 2020-2023



- Moderate level of service provision; regular 'surveillance';
- Roving surveillance using an all-terrain vehicle, inflatable rescue boat, and/or rescue watercraft e.g. once every 30-60 minutes;
- Proactive engagement with beach and water users, and a focus on preventative actions during roving surveillance;
- Identification and response using an all-terrain vehicle and rescue tube and/or rescue board, or an inflatable rescue boat or rescue watercraft.

'Emergency Response Areas' – Not Visually Represented

- Lowest level of service; response to incidents outside Primary and Secondary Patrolling Areas;
- Areas north and south that the service can respond to immediately to potentially affect a successful rescue e.g. within 10 minutes via all-terrain vehicle, inflatable rescue boat and/or rescue watercraft;
- Response alongside other services is likely in these areas;
- Services could be tasked beyond these areas e.g. more than 10 minutes, but a positive outcome may be less likely;
- Clubs and Branches should identify these areas within their Patrol Operations Manuals and Emergency Tasking Procedures.

16 COVID 19 - Lifesaving Updates

Effective 28 August 2020 (Version 1.0)

COVID-19 – Impact on SLS Activities

SLSNSW is committed to ensuring the safety and wellbeing of our members.

We continue to monitor the latest information aligned to official sources including the Australian Government Department of Health, NSW Health and NSW Sport, and the impact of this information on Surf Life Saving activities.

For the most up to date information, resources and tools related to conducting club activities during the COVID- 19 pandemic, visit the SLSNSW website.

Given the high frequency of changes that are occurring throughout the COVID-19 pandemic, the guidance within this document is effective as of the date indicated above and is considered out of date once downloaded or printed. This document will be updated as restrictions change from time to time and/or greater clarity is determined.

16.1 COVID 19 – Lifesaving Checklist

☐ Complete a COVID-19 Safety Plan – use the [Lifesaving COVID-19 Safety Plan](#) template developed by SLSNSW – keep this available for inspection if required. Plans should be comprehensive, as failure to comply may result in [penalties](#) or similar action.

☐ Check that your club has registered as a COVID Safe Business.

☐ Work with your club to ensure a COVID-19 safe environment for areas of the clubhouse that may be used (e.g.

bathroom signage, sanitizer stations and cleaning schedules).

☐ Patrol attendance logs will double as attendance records to assist with contact tracing. These records must be maintained accurately for a minimum of 28 days. Non-compliance could result in penalties.

☐ PPE is prepared and available for all patrolling members for each patrol.

☐ Communicate with patrolling members (see **email template** below).

☐ Work with your Branch Director of Lifesaving to address any capability gaps.

16.2 COVID 19 - When not to attend SLS activities

Do not attend any SLS activities if you:

- have any symptoms (i.e. fever, coughing, sore/scratchy throat, shortness of breath or loss of taste or smell)
- have been in close contact with someone who has tested positive for COVID-19
- have tested positive for COVID-19 – wait until you have been given medical clearance to attend again
- have travelled overseas, to Victoria, or to a [designated hotspot](#) in the 14 days prior to any of your training dates.

If you are diagnosed with a confirmed case of COVID-19 within 14 days after attending any SLS activity, you must contact SLSNSW immediately on 02 9471 8000.

The Australian Department of Health recommends using the [Healthdirect Coronavirus \(COVID-19\) Symptom Checker](#) to answer questions about symptoms to see if you or someone needs to seek medical help or get tested.

The above should be communicated to all members participating in SLS activities.

16.3 COVID 19 – Matrix for SLS Activities

FAQs	Nippers	Patrol	Education	Competition
 Can we...	...run Nippers? Yes, but participants from outside of their local Branch, or Area in Sydney/Sydney Northern Beaches Branches (see map), should consider whether it is necessary to participate..	...patrol? Yes. The patrol season will start on Saturday 26 September 2020, with no changes to hours of operation.	...deliver education? Yes.	...compete? Yes. At this point in time, local club/branch level competition can take place.
 Why?	The government is trying to reduce the mixing of participants from different regions and areas within Greater Sydney.	Surf Life Saving NSW is responsible for the protection of community members and visitors to our beaches. As an emergency service, it is essential and expected that we continue to provide our service to the public.	Surf Life Saving NSW is responsible for the protection of community members and visitors to our beaches. As an emergency service, it is essential and expected that we continue to train members to provide a continuation of service to the public.	The government is trying to reduce the mixing of participants from different regions and activities which involve overnight stays.
 How long will this advice last for?	6 weeks from Wednesday 19 August (as advised by NSW Health).	We don't expect this to change in the near future.	We don't expect this to change in the near future.	6 weeks from Wednesday 19 August (as advised by NSW Health).
 What if we can't provide this service?	Clubs are encouraged to explore alternative arrangements in order to offer some form of Junior Activities. It is important to continue to engage our members. Support is available from Branches and SLSNSW on reducing risk and alternative program structures.	Engage with your branch immediately to explore options (e.g. support from neighboring clubs may be possible).	Clubs are encouraged to modify training in line with reasonable adjustments and restrictions. It is important to continue to train and upskill our members. Support is available from Branches and SLSNSW on reducing risk and reasonable adjustments.	Sport engages our members and ensures they are rescue ready and skilled. Clubs are encouraged to modify competition in line with restrictions. Support is available from Branches and SLSNSW on reducing risk and alternative program/event structures.
 Do we need a COVID-19 Safety Plan?	Yes. Refer to the latest Junior Activities COVID-19 Safety Plan template.	Yes. Refer to the latest Lifesaving COVID-19 Safety Plan template.	Yes. Refer to the latest Training and Education COVID-19 Safety Plan template.	Yes, for each event. Refer to the latest Sports COVID-19 Safety Plan template. A COVID-19 Safety Coordinator must be appointed for each event.
 Is there a limit on the number of participants?	Yes. Maximum of 500 (inclusive of SLS personnel, parents and participants). Only one parent per child should attend. Branches should work with local councils to ensure a shared understanding of this requirement at a local level.	No. Providing opportunities for members to engage in lifesaving activities is important and we need to ensure our capability is matched to the risk. Gatherings for the purposes of emergency services are exempt from the restrictions on indoor and outdoor gatherings.	No. Gatherings for the provision of training by emergency services are exempt from the restrictions on indoor and outdoor gatherings. Physical distancing must still be observed.	Yes. Maximum of 500 (inclusive of SLS personnel, spectators and competitors). Only one parent per child should attend. Branches should work with local councils to ensure a shared understanding of this requirement at a local level.
 Do we need to record participants for contact tracing?	Yes. Records of SLS personnel and parents must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.	Yes. Patrol Captains must ensure that all patrolling members (including visiting members) are signed in through the Patrol Log or SLS Operations App.	Yes. Records of SLS personnel and parents must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.	Yes. Records of SLS personnel, spectators and competitors must be kept confidentially and securely for no less than 28 days. The use of a contactless app for this purpose is advised.
 Do we need to practice physical distancing?	Yes, except for Nippers who are participating in the program.	Yes, except when providing emergency assistance where PPE should be used where possible to minimise risk.	Yes, except for training activities where there is no reasonable alternative. PPE should be used to minimise risk.	Yes, except for competitors when they are training or competing within the field of play.

16.4 COVID 19 – DRSABCD during COVID-19

DRSABCD during COVID-19



D

DANGER

- Check scene for any dangers
- Don PPE, following the correct process

**DO NOT
ATTEND PATIENT
WITHOUT PPE**

R

RESPONSE

- Is the patient conscious?
- Assess response from **1.5m away**
- If no response, approach and check response to touch and talk

S

SEND FOR HELP

- Call 000/SurfCom for assistance
- Inform service you are wearing PPE

A

AIRWAY

- Assess airway in the position the patient is found
- If required, roll onto side and allow fluids to drain without assistance

**DO NOT USE
SUCTION**

**DO NOT USE
OP AIRWAYS**

B

BREATHING

- Apply oxygen via a therapy mask at 8LPM
- Do not use more than 8LPM

DO NOT USE BVM

**DO NOT GIVE
RESCUE BREATHS**

C

COMPRESSIONS

- Start compressions at a rate of 100-120 per minute
- Compress to 1/3 of the depth of the chest

D

DEFIBRILLATION

- Early defibrillation saves lives
- Attach AED and follow prompts

SAFE

SAFELY REMOVE PPE

- The risk of contamination is highest during the removal of PPE
- Carefully remove PPE following the correct order and process
- Have a buddy watching you and ensure you do not touch your face

**DO NOT COMPLETE
REPORTS WHILE
WEARING PPE**

STAY COVID SAFE

For more information visit sls.com.au/covid-19/