

Want your event to be memorable, engaging & fun?

Why not try something different and let East Side Crew motivate and engage your team and clients through fitness challenges and games that will help your team to bond, boost productivity and help you to get more out of your event.

We can organise:

- Boot Camps and Group Fitness
- Boxing Classes
- Fitness Challenges and Games
- Walk or Run the Famous Bronte to Bondi coastline
- Surfing Lessons for Small Groups
- Nutrition seminars

We can tailor a package to suit your and your team's needs and help you to make the most out of your event. We cater for all levels of fitness and all ages. We will work with you to deliver a training experience that will be challenging, engaging and fun.

"Our team absolutely loved training with East Side Crew! It was the perfect start to our conference. East Side Crew helped to create a positive atmosphere for the rest of the day and got everyone in the team interacting and excited about the day ahead."



EAST SIDE CREW

Phone 0401 292 928

www.eastsidecrew.com.au • info@eastsidecrew.com.au