

RESUSCITATION

D

Check for **DANGER**
(as normal)

R

Check **RESPONSE** (as normal)
Unconscious?

A

Open and check **AIRWAY** (as normal).
Look for signs of Life.*

B

Give 2 Rescue Breaths if not **BREATHING**
normally.**

C

Give 30 chest **COMPRESSIONS** (almost 2 com-
pressions a second) followed by 2 breaths.***

D

Attach AED for **DEFIBRILLATION** as soon as
available and follow its prompts.****



*NO SIGNS OF LIFE: Unconscious, Unresponsive, Not Breathing Normally, Not Moving.
**RESCUE BREATHS: 2 "Rescue Breaths" instead of 5 "Full Breaths".
***2 MAN/3 MAN: Try to change ECC operator every 2 minutes due to fatigue.
****AED: Automated External Defibrillator.