



NIPPER TRAINING @ BRONTE

Interested at training at Bronte? See below Program for Board and Sand Nipper training.

Summer Board Training will be mainly @ Bronte, Bondi and Coogee. We will always try for Bronte when conditions allow as we have resources available. For all communication download "Team App" from the app store. Then search "Bronte Board Training or Bronte Sand Training, request permission to join with your child's name and squad request.

Parents must assist with Water Safety at these sessions with flippers & Tube or board. Ratio 1:5. Kids must wear pink singlets

Cost is \$150.00 for season – Please pay at the office or from website

Bronte's Summer Training Program 2017-2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM		5:30am @ Coogee					Normal Nippers
PM		4:30pm @ Nth Bondi		4:15 pm @ Bronte		1pm	
		4:30pm @ Bondi **		4:30pm @ Bondi		1pm	
				4:30pm @ Bondi		All above @ Bronte/Bondi/LaPa	

** - Tuesday make up session if carnival on Saturday

Legend	Squad	Coach	For who
	Board Competition Squad	Jason Gavin	Highly Competitive U11's and up attending State and Other carnivals
	Board Development Squad	Scott Doble	U9's up that are competent on boards looking to train for carnivals
	Board Beginners Squad	Jo Mermaid	U9's and up beginners
	Sand Sprint and Flag Squad	Jordan Williams	U8's up

Please check Team App – Board training for updates